



April Virtual Events

A non profit, **by** people with disabilities, **for** people with disabilities.



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The Power of Speaking Up

Let's Speak Up

SAPNA

Friday April 7, 1:00pm-2:30pm

Do you know your rights? Are you getting what you want and need? Join us to learn all about speaking up. Tell us ways YOU speak up!

All About Rights

SAPNA

Friday April 14, 10:00am-12:00pm

Learn about human rights, civil rights and the history of rights. We will also go over the rules about people's rights and speaking up for your rights. Find out more about ODP Services and complaints about services.

All About Relationships

SAPNA

Monday April 17, 10:00am-12:00pm

Join us to talk all about relationships. We will go over the different kinds of relationships and how we make them. Learn what healthy and unhealthy relationships look like, what abuse is, and what to do about abuse.

Power Talk with ODP

SAPNA

Friday April 21, 11:30am-12:30pm

Join us to talk about services, issues, and Covid. Get the answers you need to speak up and live your life, your way. Call or email us with your questions and comments, by April 6 and we will share them with ODP!

All About Jobs

SAPNA

Friday April 28, 11am-1:00pm

Join us to talk about planning to work, finding and keeping a job, your rights, workplace accommodations, ODP funded services, your benefits and other supports.

How To Join Our Events

For video and audio by computer or smartphone, go to sau1.me/power

For just audio on any phone:

dial 646 876 9923, then
meeting ID: 223 344 5555 ##

For just audio from a smartphone:

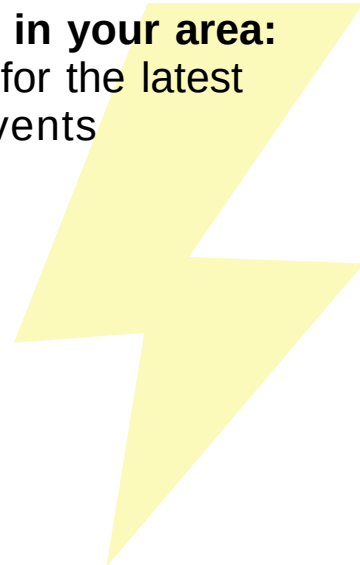
tap [+16468769923](tel:+16468769923), [2233445555#](tel:+16468769923) and wait to hear "You are in the meeting now."



All events are scheduled for Eastern Time and close captioned for those using video.

Want To Join Us In Person?

Keep an eye out for events in your area: go to sau1.org/power-events for the latest news on our local Power Events





Self Advocates United As 1
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SAPNA

The Self Advocacy Power Network for All (SAPNA) is a project of the PA Office of Developmental Programs, Department of Human Services and managed by Self Advocates United as 1.

