## Power UP Your June with the

Self Advocacy Power Network for All (SAPNA)

info inside!

Let's Speak Up June 3

All About Jobs June 7 & 17

Your Vision for YOUR Everyday Life June 10

Power Talk with ODP June 21

#### Spread your power to friends and family!



Share this flyer with people you trust.

Families, staff, and guests are welcome to listen and learn.



is a project of the PA Office of Developmental Programs (ODP), managed by Self Advocates United as 1 (SAU1).

email <u>info@sau1.org</u> phone <u>724 588 2378</u> <u>www.sau1.org</u> Facebook: @SAU1PA Twitter:@speakupSAU1

#### Here are our events for June!

#### Fri. June 3 11am to 12:30pm

#### Let's Speak Up!

- Do you know your rights?
- Are you getting what you want and need?
- Join us to learn all about speaking up.
- Tell us ways YOU speak up!



### Tues. June 7 1 to 3pm

or <u>Fri. June 17</u> 10am to 12pm

Choose the day that works for you, or join both days to talk All About Jobs!

- Your rights
- Planning to work
- Finding a job
- Keeping your job
- Workplace accommodations
- ODP funded services
- Other supports
- Work and your benefits



#### Fri. June 10

1 to 3pm

Let's Talk about Your Vision For YOUR Everyday Life!

What do YOU want in your life? How do you make it happen? Who can help?

Learn how to plan for, and get, the life YOU want.

All SAPNA events are scheduled for eastern standard time and close captioned for those using video.

#### <u>Tues. June 21</u> <u>10</u>

10:30 to 11:30am

#### **Power Talk with ODP!**

Join us to talk about services, issues, and Covid.

Get the answers you need
to speak up and live your life, your way.

Call or email us by June 2 with your questions and comments, and we'll share them with ODP.

#### Here's how you can join the events!

For video and audio by computer or smartphone, get the passcode from Rita anytime before the event!

Call 724 588 2378 or Email power@sau1.org

The day of the event, go online at sau1.me/zoom
then enter the passcode
or join right from our online events calendar at sau1.me/events and enter the passcode.

For just audio from a smartphone tap <a href="table-16468769923">+16468769923</a>, <a href="2233445555#">2233445555#</a> and wait to hear "You are in the meeting now."



For just audio on any phone, dial (646)876-9923, then meeting ID 223 344 5555 ##



To lessen the risk of Zoom bombers, please do not share this flyer publicly on social media.

SAU1 reserves the right to remove anyone from our events who does not follow our ground rules as explained on each call.



We hope you will join us!

Knowledge is Power! Use it!



SAU1 Power Coach Bobby

# YOU ARE INVITED!



What is the conference? A way for people to connect with other people! There are self advocates, family members, professionals, and experts. Learn more about things like communication, employment, technology, self advocacy, and much more!

Who should attend? Everyone! There are sessions for individuals & families and professionals. Don't miss the sessions FOR self advocates, done BY self advocates!

**How can I sign up?** You can find the registration information here:

https://everydaylives.org/registration

This is a virtual conference that takes place online. You can access the conference platform and learn how it works here:

https://everydaylives.org/virtual-platform

Coming in June!



#### **Supportive Technology**

Wednesday, June 1, 2022 10:00 am – 3:20 pm

- Accessibility & Inclusive Design:
   Collaboration, Partnership, Innovation
- Increasing Independence Through Technology
- An Everyday Life with Remote Supports
- Enhancing Quality of Life with Person-Centered Cognitive Technologies
- An Everyday Life with Assistive Technology
- Remote Supports Opportunities for Safety and Independence

#### **Dual Diagnosis - Day 1**

Wednesday, June 8, 2022 9:00 am – 4:30 pm

- Trauma-informed Supports for Transition-aged Youth with Intellectual or Developmental Disabilities
- Lessons from TRAIN: Increasing Capacity to Serve Neurodiverse Trauma
- \* Reset from Burnout
- Let's Talk: All About Mental Health Concerns
- \* Art Therapy
- \* The START Model
- \* Today's ABA



#### **Dual Diagnosis - Day 2**

Thursday, June 9, 2022 9:00 am – 5:30 pm

- Traumatized Children with Developmental Disabilities: Understanding and Addressing the Needs of a Vulnerable Population
- Fetal Alcohol Spectrum Disorder Effects on Physical and Behavioral Health
- Trauma Informed ABA-based Programming What We Have Learned Trying to Implement Today's ABA
- Be Safe and Be Social: Reducing Risk and Building Relationships
- Addressing the Gaps and Overcoming the Barriers of Accessing Quality Healthcare
- Self-Determined Living through Challenging Times: Resilience, Wellness, and Trauma-Informed Approaches

#### **Employment**

Thursday, June 16, 2022 9:00 am – 4:05 pm

- LifeCourse, Community, and Determination: Finding Employment and Keeping It
- Social Security and Work: Dispelling the Myths
- LifeCourse Paving the Way
- Job Development in a Post Pandemic World
- Accessing Employment Panel

Let us know what YOU think about the Everyday Lives Conference!

Call us at 724 588 2378 OR email info@sau1.org.

You can also join our Power Talk with ODP on June 21.

SAU1 428 S. Main Street Suite 3 Greenville, PA 16125



SAU1's mission is to support the self advocacy of people with disabilities for positive impact in our communities and in people's lives.

SAU1 is a PA non-profit led and staffed by people with disabilities, for people with disabilities.