

Get YOUR Power for an Amazing August with Self Advocates United as 1!



Tues. Aug. 10 1 to 2:30pm

Let's Speak Up! A SAPNA event

Do you know your rights?
Are you getting what you want and need?
Join us to learn all about speaking up.
Tell us ways YOU speak up!

Tues. Aug.17 10:30 to 11:30am

How's Covid going for YOU? A SAPNA event

Have you been able to get out and do the things you want?
Is your provider listening to your ideas? What's up with the vaccine?
Folks from the PA Office of Developmental Programs (ODP) want to
hear from YOU!

Only callers with disabilities can share their questions and experiences
Family, staff, and others are welcome to listen and learn.

Wed. Aug. 25 1 to 3pm

**Let's Talk about Your Vision
For YOUR Everyday Life!**

What do YOU want in your life?
How do you make it happen?
Who can help?

Learn how to plan for, and get,
the life YOU want.
A SAPNA event

Thurs. Aug. 26 1 to 2pm

**Late Lunch with Derek—An HCBS event
Living His Life, His Way!**

Hear how he chooses what he wants,
and doesn't want, in his life.
Find out how the Final Rule for
Home and Community Based Services
respects his rights to choose his life, his way,
and how you can, too!

For video and audio by computer or smartphone,
get the passcode from Rita anytime before the event!
call 724-588-2378 or Email Rita@sau1.org
The day of the event, go online at
zoom.us/j/2233445555
then enter the passcode,
or join right from our online events calendar at
sau1.me/events and enter the passcode.

SAU1 Power Staff
Derek smiling



For just audio from your smartphone:
tap: [+16468769923](tel:+16468769923), [2233445555#](tel:+16468769923)
and wait to hear
"You are in the meeting now."

For just audio on any
phone:
dial (646)876-9923, then
meeting ID 223 344 5555 ##

Our mission is to support the self advocacy of people with disabilities for positive impact in our communities and in people's lives.

Get your free SAU1 Mask.
Call 724 588 2378 or
email Rita@sau1.org

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Self Advocacy Power Network for All (SAPNA) is a project of the PA Office of Developmental Programs, managed by Self Advocates United as 1.