

ISP Planning Tool – For Use by the Team to Assist in the Identification of Possible Risk Factors

Medical Diagnosis/Health Conditions	Indicator of Possible Risk
<i>Emergency room or urgent care visits</i>	Multiple occurrences in the last 12 months
<i>Hospitalizations</i>	Multiple occurrences in the last 12 months
<i>Allergies</i>	Identified reaction (extreme, moderate, minor) to known allergies. Reaction requiring use of EpiPen. Allergies such as seasonal allergies that affect the individual's mood and quality of life.
<i>Asthma</i>	ER visit or hospitalization due to asthma in the last 12 months.
<i>Chronic Pulmonary Condition/Aspiration Pneumonia</i>	ER visit or hospitalization due to pulmonary disease/pneumonia in the last 12 months.
<i>Chronic Constipation/bowel obstruction history</i>	Use of medication to treat the condition such as fiber supplements, stool softeners, laxative or enema; lack of plan for monitoring on a provider level (ex: bowel movement chart)
<i>Diabetes</i>	Insulin changes in the last 6 months, episode of high/low levels (including urgent care, ER visit or hospitalization).
<i>Dementia/Progressive Neurological Disease</i>	Cognitive impairment/disorientation; lack of effective screening
<i>GERD/Dysphagia</i>	Choking/gaging during meals. Inadequate chewing. Swallowing food whole. Complaints or indication of discomfort. Repeated attempt to swallow. Increased congestion following meals. Results of swallowing study.
<i>Heart Condition</i>	Chest pain, shortness of breath, high blood pressure, smoking
<i>Shunted Hydrocephalus</i>	Shunt failure in the last year; are staff aware of signs and symptoms of shunt malfunction?
<i>Immune Deficiency or Autoimmune disorder</i>	Anemia, frequent infections, thyroid issues.
<i>Gross motor skills/ Frequent falls</i>	Ambulation issues, medical instability or decline, uncontrolled pain.
<i>Bone Integrity</i>	Osteopenia, osteoporosis
<i>Seizure Disorder</i>	Anti -seizure medication, three seizures in last 12 months, hospitalization, ER or urgent care visits due to seizures
<i>Obesity/rapid weight change (gain or loss)</i>	BMI score greater than or equal to 30. Weight loss of more than 10 lbs. or 5% of normal body weight over 6 to 12 months.
<i>Pain management issues resulting from arthritis, degenerative joint disease, back pain, neuropathy or migraines</i>	If people have a diagnosis known to be associated with pain – is there a pain management plan in place.

<i>Renal issues or failure</i>	Lack of comprehensive treatment plan – diet, specialist, etc.
<i>Pressure sore/skin breakdown</i>	Are there risk factors or has the person had a previous pressure ulcer
<i>Use of anti-coagulants</i>	Lack of regular monitoring by health care provider; lab work as ordered
<i>Cancer</i>	Lack of treatment plan
<i>Severe Mental Illness</i>	Lack of individualized psychiatric services including therapy, counseling and therapeutic interventions
<i>Recurring Dental Problems</i>	Inadequate dental visits/care; unclear dental plan