

# Get YOUR Power for a Jumping July with Self Advocates United as 1!



**Tues. July 13**

**1 to 2:30pm OR 6 to 7:30pm**

## **Let's Speak Up!**

Do you know your rights?  
Are you getting what you  
want and need?  
Join us to learn all about  
speaking up.  
Tell us ways YOU speak up!  
A **SAPNA** event

**Tues. July 20, 10:30 to 11:30am**

**How's Covid going for YOU?** A **SAPNA** event

Have you been able to get out and do the things you want?  
Is your provider listening to your ideas? What's up with the vaccine?  
Folks from the PA Office of Developmental Programs (ODP) want to hear from YOU!  
Only callers with disabilities can share their questions and experiences.  
Family, staff, and others are welcome to listen and learn.

**Mon. July 26, 1 to 2pm**

**Late Lunch with Josh—An HCBS event  
Living His Life, His Way!**

Josh will show how he chooses what he wants,  
and doesn't want, in his life.  
Find out how the Final Rule for  
Home and Community Based Services  
respects his rights to choose his life, his way,  
and how you can, too!



SAU1 Power Staff Josh Harper

To join with video and audio by computer or smartphone,  
get the passcode from Rita anytime before the event!

call 724-588-2378 or Email [Rita@sau1.org](mailto:Rita@sau1.org)

On the day of the event, go online at [zoom.us/j/2233445555](https://zoom.us/j/2233445555) then enter the passcode,  
or join right from our online events calendar at [sau1.me/events](https://sau1.me/events) and enter the passcode.

All video events include closed captioning.

Join from your smartphone for just audio:  
tap [+16468769923.2233445555#](tel:+16468769923.2233445555)  
and wait to hear  
"You are in the meeting now."

On any phone for just audio:  
dial (646)876-9923, then  
meeting ID 223 344 5555 ##

Our mission is to support the self advocacy of people with disabilities for positive impact in our communities and in people's lives.

Get your free SAU1 Mask.  
Call 724 588 2378 or  
email [Rita@sau1.org](mailto:Rita@sau1.org)

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**Self Advocacy Power Network for All (SAPNA)** is a project of the PA Office of Developmental Programs, managed by Self Advocates United as 1.